

Eco-Community Dialogues Newsletter

Nancy Nelson, Editor

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The Conservation Pledge

I pledge to protect and preserve the natural resources of the planet Earth, and promise to promote education so we may become caretakers of our air, water, land, forest, and wildlife.

One Kid At A Time

Let teenagers know about the **YOU Tube** video, “14-year old girl picks fight with bully TV host—and wins” The same 14-year old *Rachael Parent*, on August 6, 2014, challenged the *Canadian Minister of Health* to label GMO food in CANADA. *Miss Parent* has started up the KIDS RIGHT TO KNOW website at <http://www.Kidsrighttoknow.com>. She has also posted other short videos, such as “*Bees—Don’t Say Goodbye*”. The teen in your life might want to know about her Facebook and Twitter sites as well.

TED talks (Technology, Entertainment, and Design) features ideas worth spreading. Now there is **TED Next Generation**. They have posted an eleven year old boy’s talk that beautifully counters the myth that “*It Costs Too Much*” to label GMO food. He fast forwards to the punch line, “*Pay the farmer or pay the hospital.*”

<https://www.youtube.com/watch?v=SvVZwJbs54c>

<http://www.facebook.com/aKYaSTV>

The ANIMATION FILM, “*Monsanto Video Revolt*” by www.naturalnews.com posted on **YOU Tube** as well. It’s a spoof worth watching and sharing.

What’s Next

Grandmothers and others, be of *Good Cheer* in speaking *Truth to Power*. You can direct your energy towards the *Great Awakening*. It may give you gladness to *choose* to be more proactive.

You may experience your boldness by getting together a book discussion group to read *The Unhealthy Truth*, by *Robyn O’Brien*.

Be merry and bright by gifting the 2013 documentary film, *Cafeteria Man* www.cafeterianman.com to your family and loved ones.

In addition to that, you can love your body by asking your local library to show *O’Brien’s TedxTalk*, “*Patriotism on a Plate!*”

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Your book discussion group could also contact *A Million Moms for Preserving Organic Power* (<http://www.MOMS4POP.org>) to locate a local chapter near you, or to find out how to start one. *Moms Across America* (<http://www.momsacrossamerica.com/gmo>) is another national organization of women making their collective voices heard.

Farm to Consumer Legal Defense Fund

Life, liberty, and the pursuit of *Food Freedom Rights* are the top HUMAN RIGHTS issue of this second decade of the new Millennium. It's ironic that the battle turf is the soil and supermarkets of the *United States of America* (USA).

The *Food and Drug Administration's* (FDA) MODERNIZATION OF FOOD SAFETY ACT threatens the small-scale Cottage Industry. Government encroachment against small family farms all across AMERICA means consumers must unite with small farmers in keeping locally grown food flowing to your table. The **Farm to Consumer Legal Defense Fund** has been established to help stop government harassment of family farmers ALL Across AMERICA. The membership fee is just \$50.

What the Bio-Pros Do

Moms Across America (MAA) are educating the public about the correlation between 22 diseases and GMOs. They already have printed literature that Churches and Society Groups can order to help inform those whom you love that GMOs are the result of *Engineered Infection*.

Foreign proteins from the DNA from one or more species are injected into the DNA of completely unrelated species by means of piggy backing upon *Bacterial, Fungal, or Viral Infection* carriers. Bioengineered GMO food may also contain *Drugs, Enzymes, Medicine, or Vaccines*, as well as *Herbicide and Pesticide Toxins*, all without your consent or knowledge. AMERICA's federal agencies allow 160 foods to have GLYPHOSATE above levels shown to destroy gut bacteria! You might want to read and reread this paragraph.

How do you feel about being treated like rats in a laboratory? The chemical onslaught treats AMERICA's children as guinea pigs. Chances are your schoolchildren have been fed school cafeteria food. The school lunch bread, candy machines, crackers, cereal, tortilla chips, and sodas are full of *Genetically Modified Organisms* (GMOs).

Your federal agencies deploy *Food Produced by Genetic Engineering* with almost no thought whatsoever to its consequences. Bio-technology is being promoted in the face of genuine concerns by respectable scientists and in the face of data contrary to its safety claims.

The deep corruption of federal agencies is putting the health of the American People at serious risk, according to the article, "*Genetically engineered crops, glyphosate and the deterioration of health in the USA*" published in THE JOURNAL OF ORGANIC SYSTEMS this September.

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It's a vicious cycle because many staff members from the chemical companies now work at government offices. While donating regularly to elected officials, the Bio-Industry profits from sales in the multiple billions of dollars annually. And they have the gall to ask CONGRESS for tax monies to fund their profiteering. It isn't labeling GMO food that costs too much, it is Bio-Research funding that costs too much!

By having numerous websites and bloggers that direct readers to their <http://www.factsaboutgmofree.org> website, to see all the articles they have placed in the media the Bio-Industry refuses to admit their *Press Release* articles are unsubstantiated claims.

The antidote is that you can uproar about your health concerns because the <http://www.GMOFreeUSA.com> has a full listing of over 1300 studies showing the harm of *Food Produced by Genetic Engineering*.

Here's a list of organizations working hard to counter the enormous corporate *political power* and the *propaganda* of the GMO quackery.

<http://www.ipch.org>
<http://www.ipch.org>
<http://www.panna.org>
<http://www.osgata.org>
<http://www.farmaid.org>
<http://popCampaign.org>
<http://www.geaction.org>
<http://www.calgefree.org>
<http://www.foodfirst.org/>
<http://www.civileats.com>
<http://www.navdanya.org>
<http://www.gmwatch.org>
<http://www.justlabelit.org>
<http://biosafetyalliance.org/>
<http://www.earthjustice.org>
<http://www.gene-watch.org>
<http://www.truefoodnow.org>
<http://www.MOMS4POP.org>
<http://www.naturalnews.com>
<http://www.nongmoproject.org>
<http://www.GMOFreeUSA.com>
<http://responsibletechnology.org>
<http://www.organicconsumers.org>
<http://www.centerforfoodsafety.org>
<http://www.HippocratesInstitute.org>
<http://www.environmentalcommons.org>
<http://www.farmertofarmercampaign.com>
<http://www.momsacrossamerica.com/gmo>

(FACING HAWAII'S FUTURE, *Essential Information About GMOs*, a project of Hawaii Seed ; 808.652.5286; www.hawaiiiseed.org; www.earthjustice.org/regional/honolulu; hawaiiiseed@hawaiiiseed.org; www.lifeofthelandhawaii.org; www.hawaiiiseed.org; www.gmofreemaui.org www.kahea.org; www.hi.sierraclub.org; www.labelithawaii.org)

Good to Know

Some of the obvious reasons why environmentalists, farmers, health care professionals, and social justice groups around the world are joining hands are because *Genetically Modified Organisms* in foods transfer to human bacteria in the mouth and gut, causing resistance to antibiotics, and other environmental and human health concerns.

Purdue University researchers studied what would happen if just a few GMO fish were released into the wild fish population. The study concluded that 100 percent of all wild fish would go *extinct* within 40 generations.

Where GMO plants are open-air tested, their engineered organisms are alive and can breed. This is called cross-pollination. GMO pollen is carried by trade winds, and by birds and insects. There is no way to prevent the spread of modified genetic organisms to native animals and plants that become resistant to chemical treatments once they are released into the environment. That's why an ounce of GMO prevention is worth a pound of cure.

You Can Do This

The *Right to Know* GMO labeling campaigns on the WEST COAST served as feedback that the opposition's Big Money infomercials and media onslaught was amoral because 64-other countries already have the packaging and it didn't cost them too much to label GMOs. The problem is that voters buy into horseshit.

But there is an exhilarating freedom in getting to a point where you don't have to support the alibi that it "*Costs too much*" for the Grocer Manufacturers to label GMO food made in the USA.

It is easier than you think to change the way you shop. Buying junk food is nothing more than a habit. Habits can be changed. Instead of running out to buy some GMO junk food a person can make friends with those whose habits are sympathetic to your desire to change.

Many of the GMOs are simply momentary gratifications. Some junk food is more expensive than others, but the average American bought them with an impulsive syndrome. And now a growing number of conscious consumers no longer want to do that anymore.

If at first you have trouble controlling that urge to buy what you don't need, leave your cash, checkbook, and credit cards at home until you can stick to your **USDA Certified Organic** and **Non-GMO Project Verified** grocery list.

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You can get into the habit of asking yourself, “*Do I really need Genetically Modified Organisms*” And, “*Will this be just one more thing to end up in the compost?*”

You could even get together with your friends and neighbors for a GMO-free Potlucks, and come up with creative solutions.

The next time you get the urge to spend money on “*Bio-fortified*” stuff you don’t need, you could do something else instead. There is still a lot of work to be done to get our federal agencies to stop legalized fraud and it’s your decision what you do. The Holidays might be a good time to drink plenty of water, get plenty of sleep, record meals and experiences in a health journal, get the blood flowing through exercise or sauna, and take time to reflect and relax.

Farmer and Physician Debate

This might be a good day to go to the library or watch a YOU Tube video that posted as “*Joe vs Joel Debate*”. You might not have noticed that Farmer *Joel Salatin* of *Poly Force Farms* and Physician *Joseph Mercola* both agree that the GMO food must be labeled. So they teamed up to hold a *Lincoln Douglas* style debate over which approach is most effective, federal-level GMO food labeling, or the state level people’s initiatives. My input is that “*Either-or*” exclusive thinking is limiting. Keep both oars in the water to row the boat.

Bio-Research Is What Costs You

The August 6, WALL STREET JOURNAL published a letter from whistle-blower *Paul Marangos*, a former employee of the *National Institutes of Health* (NIH), implicating that HUNDREDS OF BILLIONS OF DOLLARS have already been wasted on poorly-vetted biomedical research.

As a former NIH insider *Mr. Marangos* was emphatic that bio-research arose as a result of a *corrupt system* and bio-medical results may be *invalid deception*. He blew the whistle that self-policing by those with conflicts of interest bears poorly-vetted “*Peer-Review Process*” research that ignores data control and quality control that is essential to valid results.

Yet Senator *Orrin Hatch* of UTAH is the top Republican on the *Senate Finance Committee*. He teamed up with Senator *Elizabeth Warren* (D., Mass) and they both met with the Bio-Industry Lobby to boost the NIH’s biomedical research funding from CONGRESS this legislative session. Are they gullible or culpable.

If the new bill for Bio-Medical funding passes, then the notorious NIH will get an additional three-quarter of a billion dollars every year for another decade.

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The remaining quarter of a billion more monies will be divided up annually between the *Agency for Healthcare Research and Quality*, *Biomedical Advanced Research and Development Authority*, and the *Food and Drug Administration (FDA)*.

(Sources: October 24, 2015, WALL STREET JOURNAL, "*Lawmakers Seek More Bio-Research Funding*" by Kristina Peterson and Stephanie Armour; August 6, WALL STREET JOURNAL, "*When the Peers All Think the Same*" by Paul Marangos, Carlsbad, CA)

My Wish for You

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